Pistol Targets

Page 4: USPSA Target
½ rd scale USPSA target for dry fire practice and general target shooting.

Page 5:
¼ scale USPSA target for dry fire and general target shooting with a simulated longer distance for more challenge.

Page 6 - Dot Torture:
Place target at 3 yards, from either low ready or if your range allows it from the holster, draw/raise and complete the drill as described on the target.

50 round total count, a “pass” is completing the drill with 100% accuracy. For added difficulty, add a time stress with a par time of 5 minutes and 100% accuracy. Once this is consistently achieved, move the target back for even more of a test!

Page 7 - 6x11” Target for the Bill Drill:
Start at 7 yards and shoot 6 shots as fast as you can into the 6x11 target. This drill is meant to work on speed without sacrificing accuracy. Move the target back to make it more difficult.

Page 8 - Three Targets for the Walk Back Drill:
Place at 3 yards and shoot 5 rounds at each target. This simulates 3x5” cards placed at 3 yards, 5 yards, and 7 yards. Work on accuracy instead of brute speed.

Page 9 - 5x5 Drill Target
5 shots, 5 inches, 5 yards, 5 seconds, and repeated 5 times. Perfect score is 25/25.
AR-15 Targets

Page 4:
½ rd scale USPSA target for dry fire practice and general target shooting.

Page 5:
¼ scale USPSA target - there are two drills we highly recommend for this target

1 - 5 Drill
Print three ¼ scale USPSA targets.
Place targets 5 yards from shooter stretching in a line left to right of shooter with about 2 yards space between each target.
Start the drill from low ready.
Fire 1 round into the left target, 2 rounds into the center target, 3 rounds into the right target, 4 more rounds into center target, and finish with 5 rounds in the left target for a total of 15 rounds fired.

The goal of this drill is to train out the bad habit of double tapping only. While double taps are useful, they are not always the right decision - this goes for competition and defense. This also trains the shooter to seamlessly transition from target to target.

For added difficulty, use a shot timer to add a time stress. Try to reduce your time while maintaining 100% accuracy. Alternatively, place the targets further away for a more difficult challenge.

The V Drill
Print five ¼ USPSA targets.
Place targets 5 yards from shooter.

First target in the center, then on each side one target 1 yard further back (6 yards from shooter) and one yard to the left/right of the center target. Place the last two targets 1 more yard back (7 yards from shooter) and again 1 yard to the left/right of the middle line of targets.

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AR-15 Targets (Continued)

This will give you a V shape with 1 target in the center at 5 yards, 2 targets at 6 yards, and 2 targets at 7 yards, all clearly visible and shootable.

From low ready, start the drill with 2 shots in the center target, then 2 shots in the left target, come back to center for 2 more shots, then 2 shots in the right target, come back to center for 2 more shots, then far left target 2 shots, back to center for 2 shots, then far right target 2 shots, and finish with 2 shots in the center target. Total of 18 shots fired.

Remember when we said double taps weren’t always bad? Just because you shouldn’t be in the habit of them doesn’t mean they aren’t useful! This drill focuses on trigger control, transitions, and speed.

For added challenge include a shot timer for stress or change up the round count/pattern. Such as, 1 shot to the center, 2 to the left, 1 to the center, 3 to the right, 1 to the center, 4 to the far left, 1 to the center, 5 to the far right, 1 to the center for a total of 19 rounds fire.

Page 10 - 25/100 Yard Zero:
Using a red dot and M193 5.56 ammo you can easily dille in a perfect 100 yard zero from only 25 yards (handy if you don’t have access to a 100+ yard range!). Place your dot or reticle on the colored bullseye, zero your rifle so that while aiming at the colored bullseye your shot impacts are on the gray bullseye. This 25/100 yard zero is a great way of keeping your rifle zeroed for the most common engagement distances.

Page 11 and 12
Zeroing targets for longer range, page 4 is calibrated for .1MIL clicks on your scope and the page 5 target is calibrated for ¼ MOA clicks. These are useful for AR-15s, hunting rifles, precision rifles, and more.

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INSTRUCTIONS: Place target at 3 yards, complete firing sequence as described. A "pass" is completing the drill with 100% accuracy. Once you can consistently pass the drill, add a time stress - par time is 5 minutes with 100% accuracy. When you can pass that, start increasing the distance. 5 yards, 7 yards, 10 yards. All within 5 minutes and 100% accuracy.

Date: ___________ Score: ______________ /50

Distance: ___________

5 shots slow fire

draw, one shot (x5)
draw, 1 on 3, 1 on 4 (x4)
draw, five shots strong hand
draw, 2 on 6, 2 on 7 (x4)

ready, five shots weak hand
draw, 1 on 9, speed reload, 1 on 10 (x3)
**5x5 Drill**

**INSTRUCTIONS:**
From 5 yards, 5 shots inside 5-inches, within 5 seconds, repeat 5 times.

Place the target at 5 yards, from low-ready and at the beep fire 5 shots inside one of the 5 inch circles. You have 5 seconds to complete the drill. Repeat the drill 5 times.

**VARIATIONS** - pick or combine any of the following:
- Start the drill from the holstered position.
- Place target 7 yards away.
- 5 shots into first target, 5 into second target, 10 second par time
BULLSEYE: ORANGE - 4MOA    YELLOW - 2 MOA     BLACK - 1 MOA

RED DOT OPTIC
25 YARD ADJUSTED ZERO TARGET
For 100 yard zero using 5.56 mm ammunition. Calibrated for 1/2 moa adjustments per click
BULLSEYE  ORANGE-4MOA  YELLOW-2MOA  BLACK -1MOA

Instructions:
Place the target at 25 yards, zero your optic so that your dot is on the colored bullseye and your hits are on the gray bullseye. This will give you a 25/100 Yard zero.
This is calibrated for the M193 5.56 Cartridge.
MRAD 100 YARD ZERO TARGET
Calibrated for .1 MIL adjustments per click
BULLSEYE: ORANGE - ½ MOA    YELLOW - 1 MOA    GRAY - 1.5 MOA    BLACK RING- 2 MOA

Bullet: ____________  Bullet Weight: ______  Case: ______
Powder: ____________  Charge Weight: ______  OAL: ______
Velocity: ____________  Group Size: _____  Range: _____